**Les Verbes Pronominaux (reflexive verbs)**

* Reflexive verbs take a reflexive pronoun (pronom réfléchi) before them.
* In their infinitive form (the form you would find in the dictionnary) they have **se/s’** before them e.g. se laver (to wash oneself), s’amuser (to enjoy oneself)
* Each pronoun has their own reflexive pronoun e.g.

Je **me** lave (I wash myself) nous **nous** lavons (We wash ourselves)

Tu **te** laves (You wash yourself) vous **vous** lavez (You pl. wash yourselves)

Il **se** lave (He washes himself) ils **se** lavent (They-boys wash themselves)

Elle **se** lave (She washes herself) elles **se** lavent (They-girls wash themselves)

* In English, reflexive verbs end in ‘oneself’ e.g.

|  |  |  |  |
| --- | --- | --- | --- |
| Se laver | (to wash onself) | S’habiller | (to dress oneself) |
| S’amuser | (to enjoy oneself) | S’asseoir | (to sit oneself down) |
| Se détendre | (to relax onself) | Se regarder | (to look at oneself) |
| Se reposer | (to relax oneself) | Se lever | (to get oneself out of bed) |
| Se promener | (to walk oneself) | Se blesser | (to injure onself) |

* Most of these verbs are regular ER verbs and are formed just the same way except with reflexive pronouns

**LES EXERCISES**

1. **Put the infinitive in brackets into the present tense:**
2. I wash myself (se laver) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. She dresses herself (s’habiller) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. We enjoy ourselves (s’amuser) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. You-plural get up (se lever) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. You relax yourself (se détendre) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. They-girls fight with one another (se disputer) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. They-boys are passionate (se passioner) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. I dress myself (s’habiller) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. We dress ourselves (s’habiller)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
11. You relax yourself (se reposer)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
12. **Traduisez en français:**
13. I get up at 8 o’clock each morning in order to go to school
14. They-girls relax themselves and they sunbathe themselves at the beach
15. You wash yourself and then you dress yourself quickly because you are always late
16. She is going to walk herself this evening at the sea-side. It will be very relaxing
17. Do we enjoy ourselves during our holidays?
18. You-pl. hurry yourselves in your bedroom and you do your make-up very quickly .
19. He goes to bed at half nine every night because he is often very tired
20. I really enjoyed myself last week with you
21. They-girls are angry when the teacher talks too much
22. We washed ourselves after the competition yesterday

**LES RÉPONSES**

1. Je me lève à huit heures chaque matin pour aller à l’école
2. Elles se reposent et elles se bronzent à la plage
3. Tu te laves et puis tu t’habilles vite car tu es toujours en retard
4. Elle va se promener ce soir au bord de la mer. Ce sera très relaxant
5. Est-ce que nous nous amusons pendant nos vacances ?
6. Vous vous dépechez dans votre chambre et vous vous maquillez très vite
7. Il se couche à neuf heures et demie chaque soir car il est souvent fatigué
8. Je me suis très bien amusé la semaine dernière avec toi
9. Elles se fâchent quand le prof parle trop
10. Nous nous sommes lavés après le concours hier